

03. What Are Values: *The Ingredients of Life*

Target Audience					
Young Children (3-6)	Children (7-10)	Youth (11-13)	Teen (14-18)	Young Adult (19-23)	Adult (24+)
		✓	✓	✓	✓

Goal / Key Message

- To Clearly Define What A Human Value Is, And Its Role In Our Lives And Our Greater Culture. The Objective Is To Awaken An Individual's Self-awareness About Their Own Value(s) In Their Respective Life. This Course Is An Entry Level Discussion To Define The Concept Of A Value, Enabling Subsequent Learning About The Types Of Values Which Are Important To Humanity And Each Person.

Learning Concepts

1. The Various Types Of Values We Encounter In Life.
2. Awakening A Self-awareness Of The Individual's Personal Values.
3. A Recognition, That In General, Most People Aren't Familiar With "What Values Are Active In Their Daily Lives".
4. To Reassure The Listener, That Having Been Unaware Of Values Is Okay, Provided They Learn About Values Going Forward.
5. Create An Understanding Of How Values Are Building Blocks In The Development Of Peoples' Minds And Hearts; Essentially The *Ingredients Of Life*.
6. A Curiosity To Fuel Learning More About Values, And In Particular, Those Which The Individual Recognizes And Embraces As Foundational In Their Life – Moral Values.

Progression

- ❖ **Course 04.** *Why Values Are Critical In Our Lives*

Course Structure

	Activity	Min.	Video
A.	Greeting & General Introduction	05	
B.	What's A Value and Why They are Important (light overview)	15	
C.	Types of Values (categories)	05	
D.	Everybody Lists Their Top Three Values - group interaction	15	[tablet]
E.	Aggregate Results & Review Findings - Discussion	20	
F.	What Are The Most Important Values (Moral)	10	
G.	Example of Three Moral Values & Their Corresponding Anti Values	15	
H.	General Intro To Concept Of 25 Foundational Values	05	
I.	Send Off - The Ingredients of Life	05	
J.			
K.			
L.			
M.			
N.			
O.			
	TOTAL	90	

	Room/Media/Equipment	Rspnsbl
▲	Class Room Style # of Group	Host
▲	Sound System	Awaken25 LLC
▲	Computer Projector	Awaken25 LLC
▲	Lap Top, Tablets	Awaken25 LLC
▲	Screen minimum 8 ft. / 12 ft.	Host
▲	Handouts/Pens/Notes	Awaken25 LLC
▲	WIFI, Refreshments, Facilities	Host

Resource Websites



✓ Awaken25.com