

33. Leaving The Baggage Behind

Target Audience					
Young Children (3-6)	Children (7-10)	Youth (11-13)	Teen (14-18)	Young Adult (19-23)	Adult (24+)
		✓	✓	✓	✓

Goal / Key Message

- In Order To Change And Restart A Better Direction In Our Lives, We Need To Leave Our Baggage Of: Failure, Mistakes, Guilt, And Regrets Behind.
- Those Of Us Held Hostage By Misgivings And Doubt Are Trapped
- Moving Forward Is Dependent Upon Breaking Free Of Those Personal And Societal Bonds Which Hold Us From Moving Forward To A Better Place In Life

Learning Concepts

1. What's Our Baggage; Personal or Societal ?
2. What Do We Feel Guilty About And What's Its Nature ?
3. How Did It Form And What Gives It Power Over Us ?
4. Who or What Profits From Binding Us To Guilt & Inaction ?
5. Facing Our Fears Oftentimes Is Facing Our Past
6. Willpower And Faith – We Can't Do It Alone
7. Breaking Free and Moving On

Progression

Course 34. - When Your Teenager Tells You, He Doesn't Believe

Course Structure

	Activity	Min.	Video
A.	Greeting & General Introduction	05	
B.	Key Message Overview	10	
C.	Video - "The Guilty Conscience And Suspended Life"	10	
D.	Breakout Interaction Groups - Discussions		
①	What Do We Feel Guilty About	20	
②	What Does It Take To Champion Over Our Guilt		
③	Aggregate Top Answers From Groups & Discuss		
E.	Key Learnings	20	
F.	Wrap Up / Send Off	10	
G.	✓		
H.			
I.			
J.			
K.			
L.			
	TOTAL	90	

	Room/Media/Equipment	Rspnsbl
▲	Class Room Style # of Group	Host
▲	Sound System	Awaken25 LLC
▲	Computer Projector	Awaken25 LLC
▲	Lap Top, Tablets	Awaken25 LLC
▲	Screen minimum 8 ft. / 12 ft.	Host
▲	Handouts/Pens/Notes	Awaken25 LLC
▲	WIFI, Refreshments, Facilities	Host

Resource Websites



- ✓ Awaken25.com
- ✓ LifePlan25.com
- ✓ ValuesLost.com